

WELCOME TO CHAMPIONEERS!



LESSON #4

Grades K-1

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Lesson Four

Grades K-1

The “Tug-of-War”

- Key: Leaders Take a Stand
- Concept: Resist The Pull

Class Agenda

1. Greetings
2. Review
3. Sing & Swing: Sabertooth Tiger and Fish Around the Rock
4. Video: Object Lesson #4 Tug-of-War of peer pressure
5. Activity: Tug-of-War
6. Sing & Swing: Fish Around the...
7. Video: Episode #4 Fishing to Win
8. Review
9. Leadership Challenge: Take a Stand

Materials

- Rope

Objectives

- Video: Fishing to Win
- Songs: Sabertooth Tiger, Fish Around the Rock
- Lesson: The Tug-of-War
- Game: Tug-of-War
- Challenge: Walk Away

In a Nutshell

Greeting and Review. Show students the tug-of-war of peer pressure and the way to stop it is to walk away. Ask students what Al-x should do?



Lesson Four - Quick View

	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Students share Adventure Theater episode #4. Discuss possible conclusions	<i>Champions! Roll Call.</i>
2	Video: Leadership Workshop #4	3 min	The Tug-of-War of Peer Pressure: How to stop peer pressure	Into discussion: Peer pressure only affects you when you care more about what others think than what you think.
3	Leadership Workbook	5 min	Pages 20-23 Grades K-1 Pages 20-23 Grades 2-6	Discuss how Tug-of-War is like peer pressure.
4	Champ Chat	3 min	Reinforce	Kindness pulls good out of people.
5	Leadership Challenge	1 min	Take a Stand or Walk Away	Leaders take a stand for truth and walk away from compromising situations. Practice walking away from bad situation or potential arguments.

Adventure Theater Recap: Episode #4 Fishing to Win

Al-x was joined by an old fisherman. The old fisherman fell asleep while they were fishing together, and a large fish came and swallowed him up! The town gathered around and saw Al-x with the large fish and thought that Al-x had caught the fish. They cheered

for him. Al-x remembered that the old man had been swallowed by the fish and squeezed the fish until the old man was spit out. Everyone thought he caught the fish and is a hero. Al-x didn't know how to tell everyone what really happened. We'll have to find out next week if Al-x tells the truth.

1. Greetings & Review

Champions! Roll Call and student story recap.

LESSON

2. Video: Leadership Workshop The Tug-of-War of Peer Pressure

Peer pressure can sometimes feel like a tug-of-war between right and wrong. Ask the kids if they've ever been in a situation when everyone wanted to do something that didn't feel right? Leaders don't go along with the crowd. They are not pulled into situations that compromise their integrity or character. Leaders stand for their convictions and refuse to play tug-of-war between what is right and wrong. Show students the following activity to demonstrate how leaders take a stand by refusing to play peer pressure games.

WORKBOOK

3. Leadership Workbook:

Pages 20-23 Grades K-1

Pages 20-24 Grades 2-6

Peer Pressure - Walk away!

BONUS: Young Heroes

Champions! addresses very real, and difficult social-cultural issues. We are careful to use these examples to empower peer leaders to avoid them or, flip them for good when possible.

There are many view points and opinions when addressing cultural issues. I wrestled over the integrated of this story, as you can imagine, and yet, how can you teach the paramount importance of honor and respect of all humanity apart from history where it was ignored. You'll notice our focus is not on genocide; we don't even use the word, but rather on the young heroes who are leading the way for healing in their nation and their example of what a culture of honor looks like in our classrooms.

CHAMP CHAT

4. Champ Chat:

- How is kindness like a magnet?
- Have you ever felt peer pressure?
- What happened?
- What can you do next time?
- How can you stop it from happening to others?

CHALLENGE

5. Leadership Challenge: Take a Stand

This week, practice taking a stand when you see an injustice, and walking away from bad situations or conversations that you might otherwise feel pressured into. Then tell your teacher or parents how you practiced being a leader.