

WELCOME TO CHAMPIONEERS!



LESSON #3

Grades K-1

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Lesson Three

Grades K-1

Magnetic Kindness

- Key: Leaders are Kind
- Concept: Intentionality

Class Agenda

1. Greetings
2. Review
3. Sing & Swing: Fleas Are Back
4. Video: Lesson #3 Magnetic Kindness
5. Activity: Magnets Demo
6. Sing & Swing: Wally Oops
7. Video: Episode #3 Roxanna's Gift
8. Review
9. Leadership Challenge: Be Kind

Materials


- Magnet and Metal Objects

Objectives

- Video: Roxanna's Gift
- Songs: The Fleas Are Back
Wally Oops
- Lesson: Magnetic Kindness
- Optional Game: Mentos
- Challenge: Do something kind

In a Nutshell

Greetings, Student's recap adventure 3. Show optional Mentos video. Watch Leadership Workshop #3. Discuss magnets and how they are like kindness. Champ chat about how kindness attracts friends! Challenge students to do one kind thing everyday for someone else.

 Lesson Three - Quick View				
	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Students share Adventure Theater episode #3. Discuss possible conclusions	<i>Champions! Roll Call.</i>
Bonus	Video: Mentos	1 min	Intro to Conformity	Show Bonus Video: Mentos Experiment. How one act of kindness can overflow your heart.
2	Video: Leadership Workshop #3	3 min	Magnetic Kindness	Has anyone ever done something kind for you? How did it make you feel?
3	Leadership Workbook	5 min	Pages 16-19 Grades K-1 Pages 16-17 Grades 2-6	I'll be me and you be you – that's what makes us rock!
4	Champ Chat	3 min	Reinforce	Kindness pulls good out of people.
5	Leadership Challenge	1 min	Acts of kindness	Leaders are kind. Do something kind for someone every day.

**Adventure Theater Recap:
Episode #3 - Roxanna's Gift**

Al-x was nervous about the fishing derby. Roxanna came to wish him luck and commented that he looks happiest when he's playing with his rock collection, not fishing. Al-x realizes that he is good at a lot of things, but not fishing.

He tells her about the magnetized rocks he likes to collect and how he's making devices that will help always guide you home if you ever get lost. Roxanna thinks that Al-x is very smart and says that maybe someday his inventions will become famous! She gives him a special gift that she made him for luck.

1. Greetings & Review

Champions! Roll Call then immediately go into review without explanation. Just go right into it with high energy. Show students what to do, don't tell.

BONUS

BONUS: Mentos Experiment

Show the video of Hairy and Shag doing the Mentos experiment. Discuss how it only takes one small Mentos to make an explosion, and it only takes one kind act to make someone's day!

LESSON

2. Video: Leadership Workshop Magnetic Kindness

Ask the students: Has anyone ever done something kind for you? How did it make you feel? Has anyone ever done something naughty to you? How did that make you feel? Student discussion on things we can do to show kindness to others.

Scatter some metallic objects on a demonstration surface. Tell the students that people are like the objects and peer pressure is like the invisible force of the magnet. When we act kind, we draw people to us. When we act mean, it keeps people away. Peer pressure can either pull the good or the bad out of people. We all want to fit in.

WORKBOOK

3. Leadership Workbook:

Kindness

Pages 16-19 Grades K-1

Pages 16-17 Grades 2-6

Be a kindness magnet!

CHAMP CHAT

4. Champ Chat:

- How is kindness like a magnet?
- Share something kind that was done for you.
- What kind thing have you done?
- Is it kind to tease others? Why?

CHALLENGE

5. Leadership Challenge: Be a Kindness Magnet

Leaders are kind. Do something kind for someone every day.

Discussion Examples:

- Smile
- Give a compliment
- Introduce yourself to someone
- Help your teacher
- Give a compliment
- Give encouragement