

# WELCOME TO CHAMPIONEERS!



## LESSON #6

Grades K-1

By Deanna Rhinehart

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## Lesson Six

Grades K-1

### Mr. Popular

- Key: Be the Spark
- Concept: Law of Attraction

### Class Agenda

1. Greetings
2. Review
3. Sing & Swing: Caveman Pizza
4. Video: Popularity
5. Activity: Static Electricity
6. Sing & Swing: Review
7. Video: Episode #6 Mr. Popularity
8. Review
9. Leadership Challenge:  
Be the Spark

### Materials

- Balloons

### Objectives

- Video: Mr. Popular
- Song: Caveman Pizza
- Lesson: The Pull of Popularity
- Game: Static Electricity
- Challenge: Be the Spark

### In a Nutshell

Greetings and review. Discuss the difference between likability and popularity.

Demonstrate with static electricity of a balloon. Discuss Al-x's dilemma between wanting to be popular and telling the whole truth. Review.



# Lesson Six - Quick View

	ACTIVITY	TIME	OBJECTIVE	ACTION
<b>1</b>	Greetings	2 min	Students share Adventure Theater episode #6. Discuss possible conclusions	<i>Champions! Roll Call.</i>
<b>2</b>	Video: Leadership Workshop #6	3 min	The Pull of Popularity	Discuss the difference between being popular because you are nice and popular because you demand attention. Show static electricity demonstration video.
<b>3</b>	Leadership Workbook	5 min	Pages 28-31 Grades K-1 Pages 26-29 Grades 2-6 Static Electricity	Demonstrate the static electricity with a balloon. Kindness draws people to you.
<b>4</b>	Champ Chat	3 min	The Law of Attraction	Who do you like to be around? How do you feel when you're with them? What are the qualities of a real friend?
<b>5</b>	Leadership Challenge	1 min	Inspire Someone – Be the Spark Be a great friend	Instead of trying to get friends, focus on being a good friend. Tell at least three people kind words about something they are good at or compliment them for something they've done.

## Adventure Theater Recap:

### Episode #6: Mr. Popular

Al-x is now the coolest guy in school, and everyone in the whole town loves him. Everywhere he goes, everyone thinks he's the best! It's gone to his head and he's not acting quite as nice as he used to. His school decides to throw a special dance to celebrate how great Al-x is, and everyone wants to go. Al-x wants to tell everyone the truth but he's sure everyone will stop liking him if he does.

Al-x is feeling the invisible pressure to be a good fisherman. He thinks that people will only like him if he's the best fisherman. He likes how it feels to be popular and is scared no one will like him anymore if he tells the truth. What Al-x doesn't realize is that Roxanna and his friends have always liked him even before he caught the big fish.

## 1. Greetings & Review

*Champions! Roll Call* and student story recap.

## LESSON

### 2. Video: Leadership Workshop Static Electricity

Try this experiment to demonstrate that the invisible forces of static electricity are like the attraction of peer pressure and popularity. First, rub the balloon briskly over your hair. Let go of the balloon and it will stick to your head. Rub the balloon over your hair again, only this time watch how your hair stands up and is attracted to it. Explain that this invisible force is like peer pressure. You might not be able to see it, but you can see how people respond to it.

## WORKBOOK

### 3. Leadership Workbook:

Pages 28-31 Grades K-1

Pages 26-29 Grades 2-6:

Mr. Popularity - Be the Spark!

Peer Leaders empower others by encouraging them in their interests and talents. Negative peer pressure robs people of their potential by pressuring people to be just like everyone else. We aren't the same; we're wonderfully different.

## CHAMP CHAT

### 4. Champ Chat:

- Who do you like to be around?
- How do you feel when you're with them?
- What are the qualities of a real friend?
- Is it okay to be mean to someone who is mean to you?

## CHALLENGE

### 5. Leadership Challenge: Be the Spark!

Focus on being a great friend. Tell at least three people this week something you like about them or compliment them for something they've done well. Your words act like a spark to help them recognize their unique traits and talents. The more you compliment others, the more natural it becomes. What if your whole school only said nice words of encouragement to each other? It can, and you can be the spark that gets it started!

