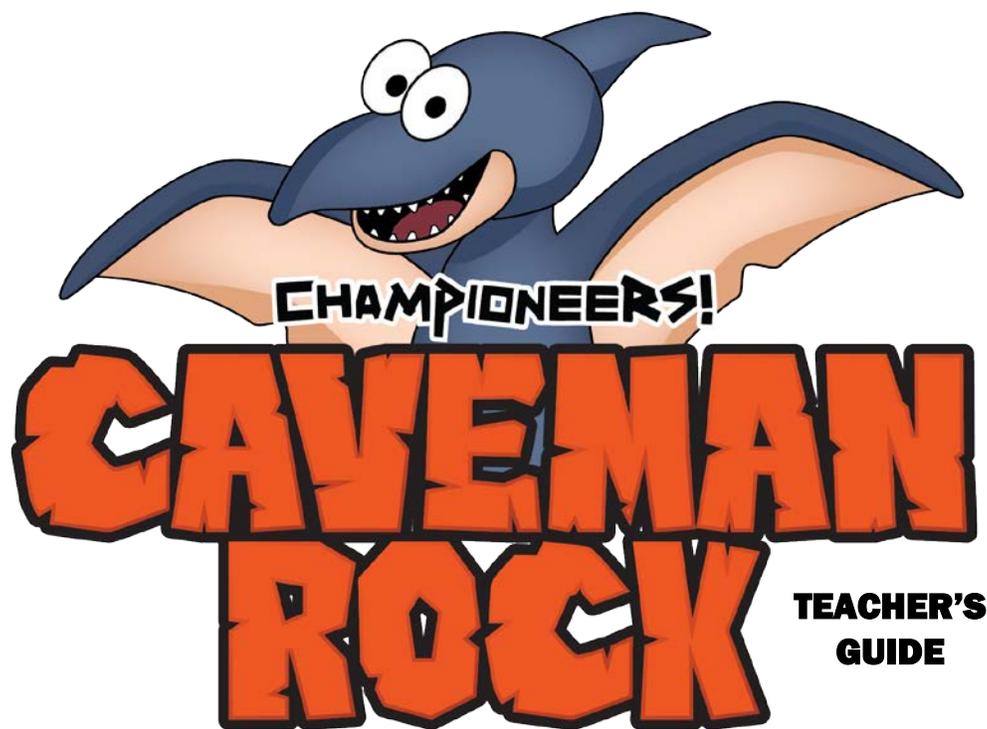


# **WELCOME TO CHAMPIONEERS!**



**Lesson #14**

**By Deanna Rhinehart**

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**CHAMPIONEERS!**  
**CAVEMAN ROCK**

## Lesson Fourteen

### Lesson Fourteen Sparkle and Shine!

- **Key:** Go the Extra Mile
- **Concept:** Excellence

### Class Agenda

1. **Greetings**
2. **Review:** Problem Spots
3. **Sing & Swing:** Review All
4. **Video:** Champ Chat #14 Excellence
5. **Activity:** Your Choice
6. **Sing & Swing:** Review All
7. **Video:** Optional Bonus
8. **Review**
9. **Challenge:** 60 Second Clean-Up

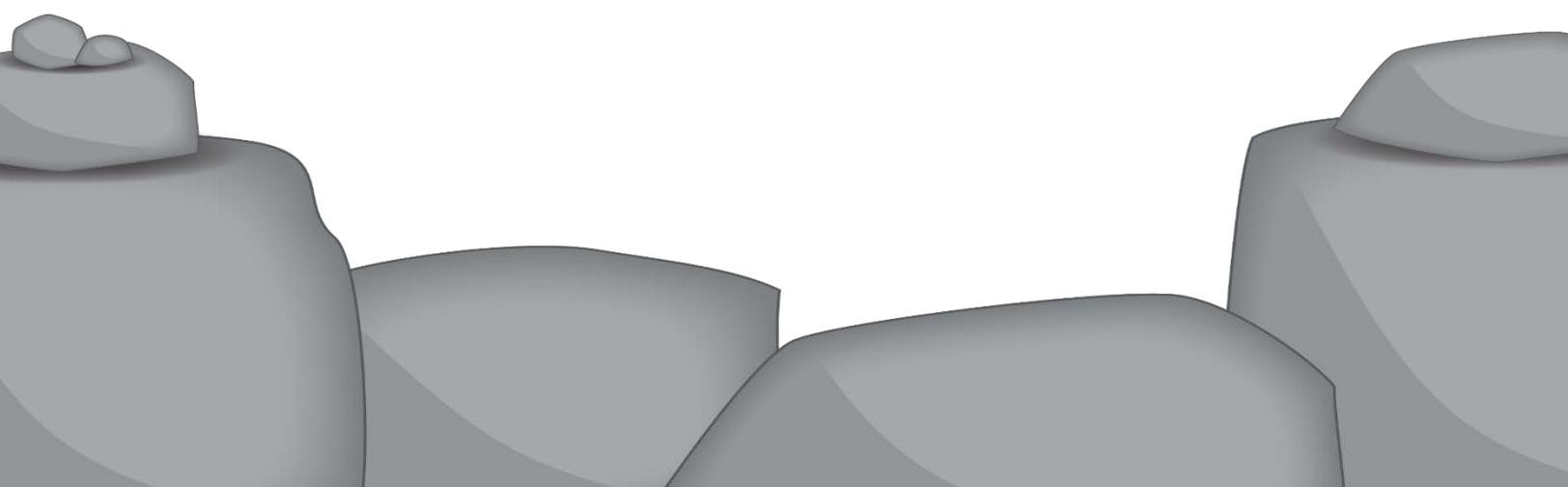
### Materials

### Objectives

- **Video:** Champ Chat – Excellence
- **Song:** All
- **Lesson:** Go the Extra Mile
- **Activity:** Your Choice
- **Challenge:** 60-Second Clean-Up

### In a Nutshell

Review problem spots. Discuss excellence and what it means to take the extra step. Challenge is to clean your room in 60-seconds each morning!





# Lesson fourteen - Quick View

	<b>ACTIVITY</b>	<b>TIME</b>	<b>OBJECTIVE</b>	<b>ACTION</b>
<b>1</b>	Greetings	1 min	Set the tone for your class	Modified <i>Champions!</i> Roll Call.
<b>2</b>	Review	3 min	Problem Spots	Polish all moves and words until they sparkle. Going for the WOW factor!
<b>3</b>	Video Lesson #14	3 min	Champ Chat: Excellence	Discuss how leaders do the extra things to be excellent.
<b>4</b>	Sing & Swing	22 min	Perfection & Presentation	Sparkle & Shine
<b>5</b>	Sing & Swing		Perfection & Presentation	Sparkle & Shine
<b>6</b>	Sing & Swing		Perfection & Presentation	Sparkle & Shine
<b>7</b>	Sing & Swing		Perfection & Presentation	Sparkle & Shine
<b>8</b>	Sing & Swing		Perfection & Presentation	Sparkle & Shine
<b>9</b>	Leadership Challenge	1 min	60-Second Clean-Up Challenge	Clean your room in 60-seconds each morning!

# Lesson Details

## LESSON CLICK-CLASS

### 1. Greetings

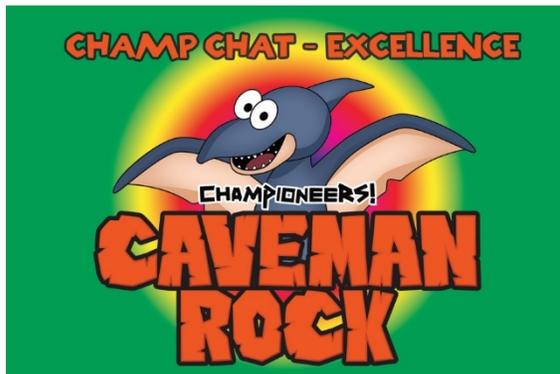
### 2. Review

Work out the problem spots.

## DANCE CLICK-CLASS

### 3. Sing & Swing Sparkle & Shine

Hands, fingers, feet and angles should all look the same (as much as possible, but you'd be shocked at what they can do, so don't let them fool you). With practice Brittney and I can get 150 kids all doing the Can-Can dance exactly the same. We can also get every child to sway the same way at the same time (not always, but usually, so keep up the practice).



### 4. Object Lesson Intro Go the Extra Mile

*Note from Deanna: At this point your time is very limited. You may share this yourself or refer to your Click-Class for a Champ Chat.*

How many of you have ever heard the phrase, "Go the extra mile?" Do you know what it means? Explain to your students that it means you do the extra things to do a job really well.

Now let me ask if any of you have a messy bedroom? Haha, yeah, a lot of people do. Did you realize that most people can keep their rooms tidy in about 60-seconds per day! It's true! Consider trying this: pull up the covers when you crawl out of bed and give your top blanket a "swish-swish" to smooth it out. Place all your clothes in one pile the night before, when you change into your jammies, so all you have to do is grab them as you walk out of your room. Put them in the laundry hamper on your way to breakfast. Voilà! That's usually enough to keep the pigsty under control!

The point is, that if we'd just take two more steps in our daily routine, most of us could keep our rooms "lookin' good." This also applies to our schoolwork and our performances. If you just did a little extra, you could

change your performance from being just okay, to being excellent.

This week we are going to push a little harder, smile a little bigger, sing a little louder and dance a little sharper! This will add the sparkle and shine to our show and everyone will be amazed at how a bunch of kids performed just like the professionals. The trick is in going the extra mile.

### **Video: Champ Chat #14 Excellence**

## **DANCE CLICK-CLASS**

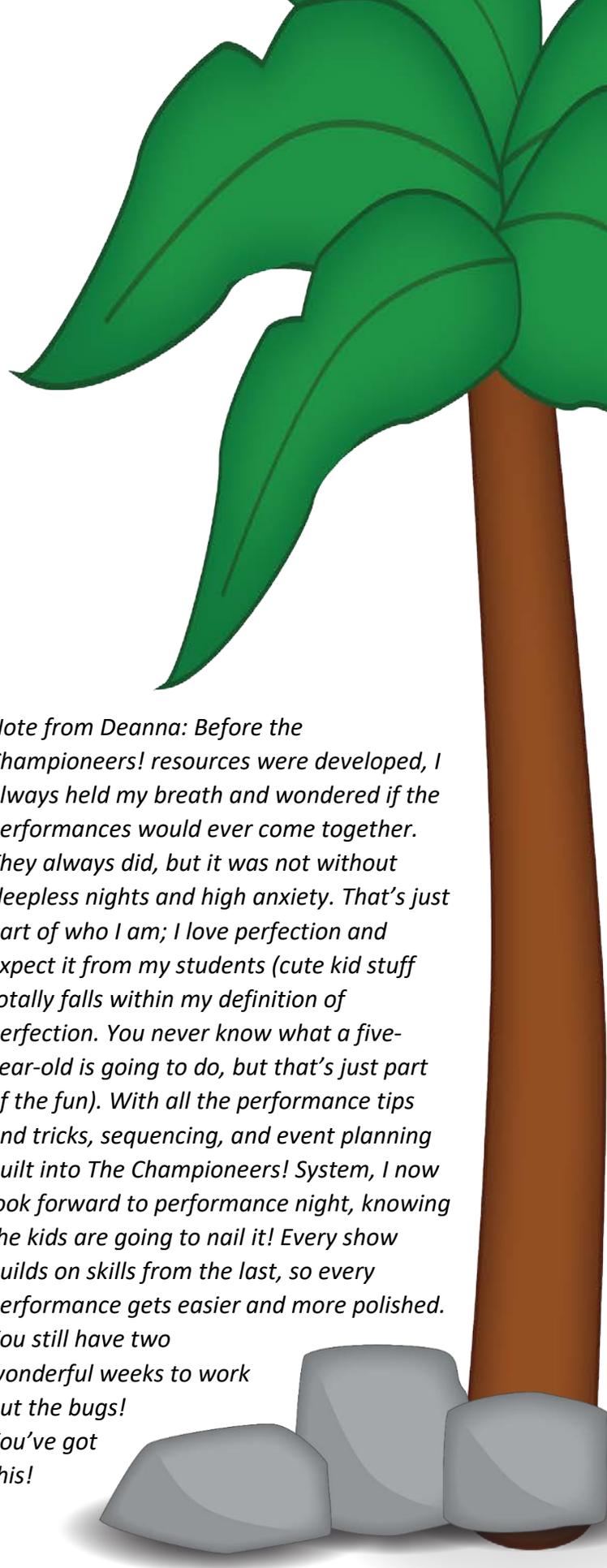
### **5. Sing & Swing Sparkle & Shine**

Activities 5-8 are dedicated to rehearsal run-throughs and part perfection. Have fun!

## **LEADERSHIP CHALLENGE**

### **6. Leadership Challenge**

60-Second Clean-Up Challenge.



*Note from Deanna: Before the **Champions!** resources were developed, I always held my breath and wondered if the performances would ever come together. They always did, but it was not without sleepless nights and high anxiety. That's just part of who I am; I love perfection and expect it from my students (cute kid stuff totally falls within my definition of perfection. You never know what a five-year-old is going to do, but that's just part of the fun). With all the performance tips and tricks, sequencing, and event planning built into **The Champions!** System, I now look forward to performance night, knowing the kids are going to nail it! Every show builds on skills from the last, so every performance gets easier and more polished. You still have two wonderful weeks to work out the bugs! You've got this!*