



Lesson Six

Pirate Tricks

Key: Positive Self-Talk

Concept: Self-Fulfilling Prophecy

Treasure Chest Tool

Flip your thoughts—
to rewrite your story

Class Agenda

- 1. Greetings**
- 2. Review**
- 3. Sing & Swing:** Star Bright
- 4. Video:** Lesson #6 Salt and Sugar
- 5. Activity:** Pirate Talk/Pirate Facts
- 6. Sing & Swing:** Star Bright
- 7. Video:** Episode #6 Pirate Tricks
- 8. Review**
- 9. Leadership Challenge:**
Flipping Thoughts

Objectives

Video: Pirate Tricks

Song: Star Bright

STEM Lesson: Salt and Sugar

Activity: Pirate Talk/Pirate Facts

Challenge: Flipping Thoughts

In a Nutshell

Review previous songs. Watch the STEM lesson Salt and Sugar and discuss how easy it is to be tricked by a lie. Learn movements to *Star Bright* then add music. Learn verse lyrics. Add movements. Add music. Review all songs with music and movements.





Lesson Six - Quick View

	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Set the tone for your class	<i>Champions! Roll Call.</i>
2	Review	3 min	Review Music	Slowly address any tricky spots from last week without the music. Repeat 2-3 times then sing and dance without music. Add music.
3	Sing & Swing	4 min	<i>Star Bright</i>	Listen to song while keeping a steady beat. Learn chorus lyrics by call and response. Learn movements.
4	Video: Lesson #6	5 min	Salt and Sugar	Watch the STEM lesson Salt and Sugar and discuss how hard it can be to tell the difference between truth and a lie.
5	Opt. Activity	3 min	Pirate Talk/ Pirate Facts	Enjoy talking like a pirate with authentic pirate phrases.
6	Sing & Swing	5 min	<i>Star Bright</i>	Very slow. Fix any mistakes. Then faster until at tempo. Add music.
7	Video: Episode #6	4 min	Pirate Tricks	Champions! Adventure Theater
8	Champ Chat	3 min	Review & Reinforce	All Songs. Review lesson.
9	Leadership Challenge	1 min	Flipping Thoughts	Leaders practice changing negative thoughts into positive talk by flipping their self-talk.

Lesson #6 Details

1. Greetings

Champions! Roll Call.

2. Review

*Quick run-through of all songs so far.
Practice perfection.*



DANCE CLICK-CLASS

3. Sing & Swing

First Star of the Night

- Listen song while keeping a steady beat.
- Teach the chorus lyrics by call and response.
- Listen again, and have students sing along with the chorus.
- Add movements with the chorus lyrics, then add music.



LESSON CLICK-CLASS

4. Video Lesson #6

Salt and Sugar

Watch the STEM lesson Salt and Sugar and discuss how hard it can be to tell the difference between truth and a lie.

5. Optional Activity

Pirate Talk/Pirate Facts

Enjoy talking like a pirate with authentic pirate phrases.



DANCE CLICK-CLASS

6. Sing & Swing

Imagine You, Imagine Me

- Practice and review lyrics and movements very slow at first, to fix any mistakes, then speed up to full speed. Don't add music until you've ran through it at least two times--then add music.

- Learn verse lyrics.
- Add music. Sing along with all lyrics and do movements for chorus.
- Learn movements for verse.
- When the music starts, count to two before starting the first movement (this is how students know when to start).
- Finish all movements for verse, add music.



7. Video: Episode #6 Pirate Tricks

Captain Three Beards continues to trick the castaways. He tells them lies to try to trick them out of their treasure.

8. Champ Chat Review

- Review any/all of the songs.
- Review STEM video, Salt and Sugar
- Make a big deal about the next part of the story! KEEP IT A SECRET AND BUILD SUSPENSE!

LEADERSHIP CHALLENGE



9. Leadership Challenge Practice Truth

Leaders practice changing negative thoughts into positive thoughts by flipping their self-talk.

