

WELCOME TO CHAMPIONEERS!



LESSON #9

Grades K-1

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Lesson Nine

Grades K-1

It's Your Future

- Key: Choices
- Concept: Rationalization

Class Agenda

1. Greetings
2. Review
3. Sing & Swing: It's Your Future
4. Video: Lesson #9 Choices
5. Activity: Temperature Gauge
6. Sing & Swing: It's Your Future
7. Video: Episode #9 It's Your Future
8. Review
9. Leadership Challenge
Choice Challenge

Materials

- 3 pennies

Objectives

- Video: It's Your Future
- Song: It's Your Future
- Lesson: Choices
- Activity: Temperature Gauge
- Challenge: Choice Challenge

In a Nutshell

Greetings and review. Discuss the power of our choices to shape our future. Discuss cause and effect consequences. Demonstrate rationalization. Leadership challenge is to consider the consequences of our choices.

Lesson Nine - Quick View



	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Students share Adventure Theater episode #9.	Modified <i>Champions! Roll Call</i> . Change it up. Try singing it in a whisper, in an accent, on our tippy toes, etc.
2	Video: Leadership Workshop #9	3 min	Temperature Gauge	Show how 3 pennies help demonstrate rationalization through sensory deception.
3	Leadership Workbook	5 min	Pages 40-43 Grades K-1 Pages 38-41 Grades 2-6 It's Your Future	Discuss how people rationalize choices. People always have a choice.
4	Champ Chat	3 min	Choices	Do your choices affect others? How? Have you ever made a bad choice? What can you do when you don't know what choice to make?
5	Leadership Challenge	1 min	Choice Challenge	Leaders make good choices. Stop and consider the consequences of your choices this week. From the food you eat, to the shows you watch, to the activities you do.

Adventure Theater Recap: Episode #9: Choice

Al-x's future-self is not allowed to tell him the future, so he shows him what *could* be in hopes he'll make the right choice.



1. Greetings & Review

Champions! Roll Call and student story recap.

LESSON

2. Video: Leadership Workshop Temperature Gage

Your brain has evolved to think that most objects are the same temperature. They are either warm or cold. Not very many objects are both hot and cold at the same time, such as the pennies in this experiment, so your brain automatically calculates the majority of the pennies are cold; therefore, all of them must be cold. When you remove your fingers from the cold pennies and only feel the warm penny in the middle, your brain says, "Oh, these are actually warm."

Likewise, Peer Leaders help set the temperature (attitude and emotional environment) of your school and your home by the choices you make.

WORKBOOK

3. Leadership Workbook:

Pages 40-43 Grades K-1

Pages 38-41 Grades 2-6

It's Your Future - Rationalization

People make choices that not only affect their future but also the future of those around them. It's important to make good choices,

but how do you know what you should do? Leaders stop and think before they act. Sometimes people make bad choices, even when they know they are bad, because they rationalize why it's okay for them to do so. This usually always leads to some very bad consequences. What kinds of things do people rationalize? (smoking, drinking, stealing, attitudes, honesty, etc.) What rationalization is Al-x using to justify his decisions?

CHAMP CHAT

4. Champ Chat:

- Do your choices affect others? How?
- Have you ever made a bad choice?
- What do you do when you don't know what choice to make?

LEADERSHIP CHALLENGE

5. Leadership Challenge: The Choice Challenge!

Are you a thermostat or a thermometer? That means, do you set the temperature of your environment or do you react to it?

Your challenge this week is to stop and consider the results of your choices; from the food you eat, to the shows you watch, to the activities you do, to the way you talk to your parents, siblings and friends. Are you setting a tone of kindness through good choices? Are you changing your environment or is it changing you? Make at least one great choice every day then write them down in your leadership workbook.