



LESSON SIX

The Power of a Seed

Key: Tenacity

Concept: The winning mindset

Train Your Brain #6

Train your brain to win

Class Agenda

1. **Greetings**
2. **Video:** Episode #6
3. **Leadership Book:** Pg. 28-29
4. **Video:** STEM #6: What's inside a seed?
5. **Leadership Book:** pg. 30-31
6. **Champ Chat**
7. **Leadership Challenge:**
Think like a winner

Objectives

Video: The Power of a Seed

STEM Lesson: What's in a Seed?

Leadership Book: Pages 28-33

Tool: The winning mindset

Challenge: Think like a winner

In a Nutshell

This week we continue our adventure in Cowpie County discovering the unlimited potential within a single seed. We're building on all of our previous lessons to learn how to invent, create and solve problems using the unlimited potential that's in each one of us.



LESSON SIX - QUICK VIEW

	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Set the tone for your class	Constantly change up the welcome song. Choose 1-3 student leaders this week.
2	Video: Episode #6	3 min	The Power of a Seed	Video: Episode #6
3	Leadership Book	3 min	Inventions	Pages 28-29
4	Video: STEM #6	3 min	What's inside a seed?	Show video/option to demo
5	Leadership Book	5 min	Train Your Brain #6: Train your brain to win	Pages 30-31
6	Champ Chat	3 min	Review & Reinforce	See questions on page 31
7	Leadership Challenge	1 min	Practice Tenacity (Not giving up!)	<ol style="list-style-type: none"> 1. Research Thomas Edison 2. Plant seeds! 3. Create an action plan

LESSON DETAILS

1. Greetings

Constantly change up the welcome song. Choose 1-3 student leaders this week.



2. Video: Episode #6

The Power of a Seed

This week Mama Hen explained her plan to save the farm by planting the leftover seeds. The farm babies didn't understand how that would help so Mama Hen taught them about the power of a seed and how each of them are like a seed with unlimited potential.



3. Inventions & Innovation

Pages 28-29

This week we continue our adventure in Cowpie County discovering the unlimited potential within a single seed. We're building on all of our previous lessons to learn how to invent, create and solve problems using the unlimited potential that's in each one of us.

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STEM LESSON

4. Video: STEM #6

What's inside a seed?

Watch Click-Class video. Instructions in Student Leadership Workbook page 30.

If time permits, students love hands on exploration. It's a super simple STEM project you can do in class.



5. Train Your Brain Step #6

Train your brain to win

- Pages 30-31
- Usually the difference between winning and losing is not giving up. Thomas Edison is an excellent example of an inventor who never gave up. Discuss the word Tenacity and what it means.
- Don't miss the fun side note about Thomas Edison's formal education at the bottom of page 31.

CHAMP CHAT



7. Champ Chat: Review

- How is a seed like you and me?
- Have you ever had an idea to invent something? What was it?
- Use the worksheet on page 31 to help you reach your goal of keeping a tidy room. You can also use this chart to help you invent something.

LEADERSHIP CHALLENGE

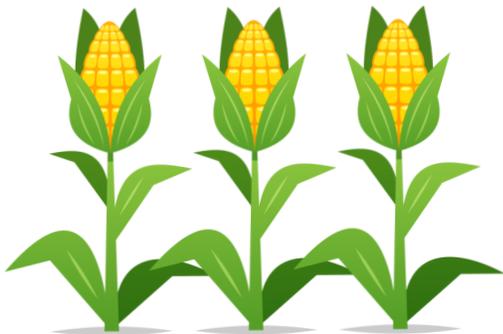


8. Leadership Challenge

Practice Tenacity (not giving up)

There are three challenges this week.

1. Research Thomas Edison
2. Plant seeds!
3. Create an action plan



LIFE TOOL



Tool: The winning mindset

The difference between winning and losing is often a mindset. Your brain tries to fulfill what you tell it. If you say you can't do something your brain "grows" that thought and it will not only NOT look for a solution, it will sabotage you so you can't find one. If you say you can, your brain doesn't know it can't.

Ban the phrase, "I can't" from your classroom.
(Yup, that old saying is oh so true!)

NOTES

